



# THE ELEVENTH SUNDAY AFTER PENTECOST

AUGUST 4, 2024, AT 10:30 AM  
& LIVESTREAMED ONLINE

## THE HOLY EUCHARIST

### THE WORD OF GOD

#### Prelude

Sea Ayres No. 1—Periwinkles

Justus Parrotta (b. 1988)

*Please stand as you are able.*

#### Hymn 1

Father, we praise thee

*Christe sanctorum*

#### Opening Acclamation

Blessed be God: Father, Son, and Holy Spirit.

**And blessed be God's kingdom, now and for ever. Amen.**

#### Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Savior. **Amen.**

#### Song of Praise

As we gather at your table

*Holy Manna*

As we\_ gath er at your\_ Ta - ble,\_ as we\_ lis - ten to your Word,  
 help us\_ know, O God, your\_ pres - ence;\_ let our\_ hearts and minds be stirred.  
 Nour - ish us with sa - cred\_ sto - ry till we claim it as our\_ own;  
 teach us\_ through this ho - ly\_ ban - quet\_ how to\_ make Love's vic'try known.

—Text: Carl P. Daw, Jr. (b. 1944)

#### Collect of the Day

God be with you. **And also with you.** Let us pray.

Let your continual mercy, O God, be present with your Church; and, because it cannot continue in faithfulness without your help, protect and guide it always by your goodness; through Jesus Christ our Savior, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

**First Reading** *seated* Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

For the Word of God in scripture, for the Word of God among us, for the Word of God within us,  
**Thanks be to God.**

**Psalm 78:23-29**

Robert Knox Kennedy (b. 1945)

*The People sing with the Choir, moving to the next note on the word or syllable in bold.*



So you commanded the clouds **above** \*  
and opened the doors of **heaven**.  
You rained down manna upon them to **eat** \*  
and gave them grain from **heaven**.  
So mortals ate the bread of **angels**; \*  
you provided for them food **enough**.  
You caused the east wind to blow in the **heavens** \*  
and led out the south wind by your **might**.  
You rained down flesh upon them like **dust** \*  
and winged birds like the sand of the **sea**.  
You let it fall in the midst of their **camp** \*  
and round about their **dwelling**s.

*second half*

So they ate and were well **filled**, \*  
for you gave them what they **craved**.

**Gospel Alleluia** *standing as you are able*

James Walsh (b. 1940)



## **The Gospel** John 6:24-35

The Holy Gospel of our Savior Jesus Christ according to John.

**Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

*All repeat the sung Alleluia.*

## **Storytime**

*Children ages 3–10 are invited to the Music Room after the Gospel for a Bible story, prayers, and music, returning at the Peace.*

## **Sermon** The Rev. Adelyn Tyler-Williams

*Please be seated at the invitation of the preacher. A period of silence will be observed after the sermon.*

## **The Nicene Creed** *standing as you are able*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **Prayers of the People**

*Intercessor* We pray to you, O God, as we say "Loving God, hear our prayer."

God of all creation, you made us and you knit us together in your church. Help us to work together as members of the body of Christ, that our lives may bear holy fruit. Loving God, **hear our prayer.**

God of justice, guide our cities, nation, and world in the pursuit of love and care, that we may experience true peace, union, and justice. Loving God, **hear our prayer.**

God of connection, empower us to build beloved community and seek your kingdom in our midst, that we may come to know you in each of our neighbors. Loving God, **hear our prayer.**

God of care, give your presence to those who suffer and are in any need or trouble. We pray especially for . . . and for those concerns we name aloud or in our hearts . . . Loving God, **hear our prayer.**

God of generosity, every good thing comes from you. Make us ever mindful of the many joys that come through you. We pray in thanks for . . . and those thanksgivings we name aloud or in our hearts . . . Loving God, **hear our prayer.**

God of eternity, you grant us hope of the resurrection and of eternal life with you. Welcome into your house those who have died, especially . . . and the departed we name aloud or in our hearts . . . Loving God, **hear our prayer.**

God of mercy, you have given us grace to pray with one heart and one voice, and you have promised to hear the prayers of two or three who gather in your name. Fulfill now, we pray, the prayers of your people, in the service of your kingdom, through the grace of Jesus Christ. **Amen.**

**Confession and Absolution** *standing or kneeling as you are able*

*Presider* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**Peace** *The Presider says to the People*

The peace of Christ be always with you.

**And also with you.**

*All greet one another in the name of Jesus Christ.*

**Announcements**

## THE HOLY COMMUNION

**At the Offertory**

*The Holy Spirit inspires us to give generously, to extend Christ's mission in this place and the wider world. Please visit <http://tinyurl.com/GivetoSCEC> to make your offering, or you can text to give using your phone. Text SCEC and AMOUNT to 73256 (QR code in Connections) and you will receive a text with instructions.*

**Anthem**

Give me Jesus  
Rosa Lamoreaux, soprano

Traditional Spiritual  
arr. Mark Hayes (b. 1953)

In the morning when I rise, give me Jesus. You may have all this world; give me Jesus.  
Dark midnight was my cry, give me Jesus. You may have all this world; give me Jesus.  
You may have all this world, with its troubles and cares, for of this I am sure, give me Jesus.

*– Text: Traditional*

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*Please stand as you are able as the offering is brought forward and blessed.*

## The Great Thanksgiving

God be with you.

**And also with you.**

Lift up your hearts.

**We lift them unto God.**

Let us give thanks to our Sovereign God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Savior. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus and Benedictus** *sung by all*

Richard Proulx (1937–2010)

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven— and earth— are full— of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes— in the name— of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Creator of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling Jesus' death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

### The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

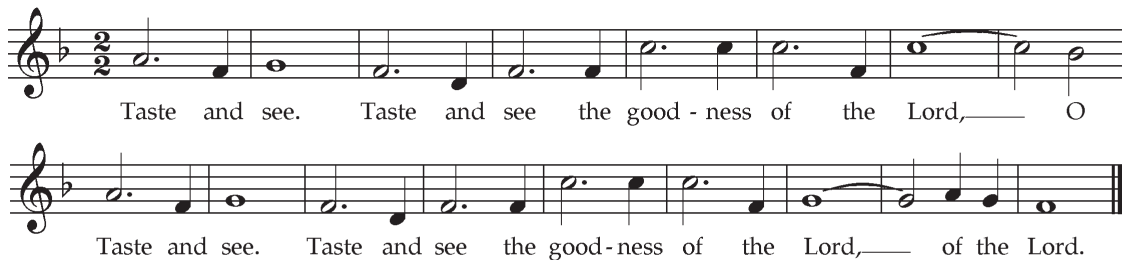
### Breaking of the Bread

*The bread is broken and silence observed.*

#### Fraction Anthem *sung by all*

Taste and see

James E. Moore (b. 1951)



Taste and see. Taste and see the good-ness of the Lord, O

Taste and see. Taste and see the good-ness of the Lord, of the Lord.

### Invitation to Communion

The Gifts of God for the People of God. Whoever you are, wherever you find yourself on the journey of faith, you are welcome at Christ's table.

### Communion

*Christ welcomes all to communion. ■ Receive the bread in open and outstretched hands and sip the wine, guiding the chalice to your lips. ■ If you do not want to sip the wine, it is also perfectly appropriate to receive the bread only. We do not allow dipping the bread into the wine. ■ Respond to communion by saying "Amen." ■ If you prefer a blessing, cross your hands over your chest. ■ Gluten-free wafers are available at each communion station. ■ Baptism is offered several times a year; speak to a priest to learn more.*

#### Anthem

Deck thyself, my soul, with gladness

G.F. Handel (1685–1759)

The Summer Singers

arr. St. James Music Press Editors

Deck thyself, my soul, with gladness, leave the gloomy haunts of sadness,  
 come into the daylight's splendor, there with joy thy praises render  
 unto him whose grace unbounded hath this wondrous banquet founded—  
 high o'er all the heavens he reigneth, yet to dwell with thee he deigneth.

Sun, who all my life dost brighten; Light, who dost my soul enlighten;  
 Joy, the best that any knoweth; Fount, whence all my being floweth:  
 at thy feet I cry, my Maker, let me be a fit partaker  
 of this blessed food from heaven, for our good, thy glory, given.

— *Text: Johann Franck (1618–1677); tr. Catherine Winkworth (1827–1878), alt.*

#### Music

Water Tapestry

Kevin Kern (b. 1958)

#### Hymn 711

Seek ye first the kingdom of God

*Seek Ye First*

**Prayer after Communion** *standing as you are able*

Let us pray.

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, O God, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

*Presider* As we are gathered, fed, and sent by God, let us ask ourselves: With whom can I share the Good News? Whom will I invite to join us at this table?

**Sending Forth of Eucharistic Ministers** *when scheduled*

In the name of St. Columba's we send you forth bearing these holy gifts, that *N.* may share with us in the communion of Christ's body and blood.

**We who are many are one body, as we all share one bread, one cup.**

**Blessing** *The People respond Amen.*

**Hymn**

Sent forth by God's blessing

*The Ash Grove*



1. Sent forth by God's-bless-ing, our true faith-con-fess-ing, the peo-ple-of—  
2. With praise and thanks-giv-ing to God ev-er—liv-ing, the tasks of—our—



God from this dwell-ing take leave. The ser-vice is—end-ed, O  
ev-ery-day life we will face. Our faith ev-er—shar-ing, in



now be—ex-tend-ed the fruits of—our—wor-ship in all who be-  
love ev-er—car-ing, em-brac-ing—God's—chil-dren of each tribe and



lieve. The—seed of—the—teach-ing, re-cep-tive—souls—reach-ing, shall  
race. With—your grace—you—feed us, with your light—now—lead us; u-



blos-som—in—ac-tion for God and for all. God's grace did in- vite us, and  
nite us—as—one in this life that we share. Then may all the—liv-ing with



love shall—u-nite us to work for—God's—king-dom and an-swer the call.  
praise and—thanks-giv-ing give hon-or—to—Christ and that name which we bear.

— Text: Omer Westerdorf (1916–1997)

## Dismissal

*The People respond* **Thanks be to God. Alleluia, alleluia.**

## Postlude

Prelude and Fugue in A Minor

Dietrich Buxtehude (1637–1707)

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## Liturgical Note

The season after Pentecost is called “Ordinary Time,” and it stretches from Trinity Sunday (the first Sunday after Pentecost) through Christ the King Sunday (the Sunday before Advent). Ordinary Time can sound boring or unexciting, but it can also be a reminder that God works in the ordinary days of our lives. Godly Play, a children’s church curriculum, calls Ordinary Time “the Great-Green-Growing Season.” In this season we use green vestments and experience God in simplicity and in the ordinary.

## Land Acknowledgement

We meet today on the traditional land of the first people of Nacotchtank, who were custodians of the land for thousands of years, caring for and nurturing it. We give thanks for their stewardship and lament the ways the Nacotchtank were removed from their ancestral home. We pray for all who live on this land and pay our respects to the native leaders past, present, and emerging.

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*St. Columba's Episcopal Church is an inclusive Christian community of all ages that welcomes one and all, encourages spiritual curiosity, celebrates children and youth, and embraces the world in the spirit of God's justice and love.*

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