



ST. COLUMBA'S EPISCOPAL CHURCH

CONNECTIONS

September 15, 2024

Service Times:

8 am, 9 am and 11:15 in the Nave
9:15 am Wee Worship in the Great Hall

Sunday Bible, Coffee & Conversation 10:15 am in-person
in room 212 and on Zoom. All are welcome.

Rector and Wardens' Forum 10:15

Ledlie and the Wardens, Gina and Sara, will discuss updates various initiatives taking place during our 150th Anniversary Year.

What a glorious Sundaes Sunday!



Join us for Wednesday Night Supper on September 18th in the Great Hall. Supper runs from 5:00-6:45pm. Scan to register!

A quick Wednesday Worship Service takes place at 6:00 pm following supper if you wish to attend.



Can We Pray For you?

Submit a Prayer Request

If you feel comfortable submitting a form, visit: Columba.org/pray-for-me

Receiving Healing Prayer

Healing Prayer Ministers can pray with you on second and fourth Sundays during communion

Pastoral Care

If you need to speak to someone directly, email: pastoral@columba.org or please call 202-669-4856

Please keep in prayer:

Jack, Clarion, Mark, Donna Beecroft, Ron Wisor Sr., John, Anona Fowler, Elizabeth, Donald Judd, Charlie, Dave, Larry Halloran, Bernie Casey, Joe Clark, Hughes family, Walt; for the people of Ukraine, Palestine and Israel, Haiti, Sudan, and for all those whose lives are torn apart by war and violence

Thanksgiving for:

Our Environment Committee

Those who have died:

Ben Hughes

Upcoming funerals:

<https://www.columba.org/upcoming-funerals/>

Are you new? Welcome!

Contact Courtney Hundley
Minister for Member Engagement
chundley@columba.org
for info on how to get involved!

Giving Questions

Contact Heather Beck
Director of Stewardship and Development
Hbeck@columba.org

Scan the QR code to give now!



Environmental Committee Meeting

Sunday September 15th 12:30

Please join the Environment Committee's quarterly meeting in room 212. This is a great way to get involved in upcoming creation care projects and help shape the future of creation care at St. Columba's. For more information contact Karen Abrams (environmentleader@columba.org)

Healing Prayer Inquiry Meeting

Sunday, September 22nd 12:30 PM Room 212.

Offering Prayers for Healing with and for one another – one of the earliest Christian practices – is one of the ways we live God's Love at St. Columba's. If you are drawn to know more about this ministry or are simply open to finding your next step to living God's Love at St. C's, come to Rm. 212, at 12:30 pm, September 22nd to meet Healing Ministers and hear what this ministry has meant to them, how they have grown, have appreciated this ministry's community; and how their faith has been deepened by those who come up and ask for prayer. Interested but can't make the meeting? Contact Mary Campbell healing@columba.org.

Parents of Young Adults Experiencing Challenges

Tuesday September 24th 6:30 pm

Are you the parent of a young adult between the ages of 22 and 35? Does your young adult live with a chronic illness, disability, mental health or substance use disorder, depression, anxiety or low employment? Are they living in your home? Is it difficult to find joy in your own life? Join this monthly meeting of similarly challenged parents. We share our stories and experiences and offer support (not advice) using time-tested guidelines regarding privacy and shared discussion to create a safe and supportive space. Interested? Please join us! We meet on the 4th Tuesday in Room 202 from 6:30 – 8:00pm. Upcoming dates: September 24, October 22, November 19, and December 17. Questions? Contact Michele Prince at mprince@columba.org.

Inquirer's Class

Tuesday, September 24th 7:30 pm - 8:30 pm

Join Reverend Adelyn-Tyler Williams for an online evening class to learn more about topics such as what distinguishes the Episcopal Church from other Christian traditions, what is distinct about St. Columba's, our mission to Live God's Love, and our commitment to support you in taking your next steps in faith. Classes will be Tuesdays on zoom. Tuesdays September 24th, October 1st, October 8th. Register in Realm.

Art All Night

Saturday, September 28th 7:00 pm - 9:30 pm

Art All Night at St. Columba's is part of a city-wide celebration. St. Columba's will host 10 artists whose works include ceramics, mixed media, wood, textiles and more. Artists will exhibit and offer works for sale in the common. Harmonic Introductions, <https://www.overtone.cc/profile/HarmonicIntroductions> an overtone singing group, will accompany indoor labyrinth walks. Organ music played by Anne Timpane and Diane Heath can be heard all evening in the church nave. Enjoy the art and then wander up to Wisconsin Avenue and see what other locations are presenting. <https://tenleytownmainstreet.org/event/art-all-night-2024-1719093628> The event is free and fun for all ages.

Make a Joyful Noise!

Daytime Singers

Thursdays, 11:00am

Singing together lessens anxiety, stimulates memory, increases lung capacity, promotes social bonding, and builds a sense of belonging and joy. It "fosters trust, cooperation, and social cohesion" while supporting "total growth of the human being."

The group will focus on the benefits and joy of singing through warm-ups, breathing exercises, group vocal techniques, songs, and anthems. It is open to the parish and community, and welcomes singers of all abilities.

Work from home? Take an hour from your day to experience the benefits of group singing. Kids in school? Connect with a community of singers to share a little joy before pick-up. Have free time on a weekday morning? Join your voice with others who love to sing. Please contact Anne Timpane atimpane@columba.org to express your interest in Daytime Singers or for more information about this new group.

Upcoming Forums

Reflections from Ledlie

Sunday, September 22nd 10:15 am

Anticipating Ledlie's retirement in March 2025, the Adult Forum Team has invited him to share his thoughts and reflections. Ledlie asks, "What would you like to hear? What would you like me to talk about or share? The sky's the limit. Please email me – loughlin@columba.org".

Anticipating the Election w/ Al Hunt & Judy Woodruff

Sunday, September 29th 10:15 am

Albert R. Hunt was a political reporter, bureau chief and columnist for the Wall Street Journal. He then was Executive Washington editor for Bloomberg News and a columnist for the International New York Times. Currently he writes a column for U.S. News & World Report and co-hosts a podcast, "Politics WarRoom" with James Carville.

Judy Woodruff is a senior correspondent and the former anchor and managing editor of the PBS News Hour. She has covered politics and other news for five decades at NBC, CNN and PBS.

New Wednesday Class

Mysticism class

Wednesdays 6:45pm - 8:00pm Rm 212

Can the limited nature of our language ever truly express what we call "God"? That God is both beyond us and also, somehow, within us is a mysterious claim deeply rooted in two thousand years of Christian writing and practices. God is always known and unknown. Both sown into the very fabric of creation and just beyond our grasp.

Beginning September 11th, after nearly every Wednesday Night Supper, Joshua Daniel will host a small group that will explore tradition. The group will use a collection of texts to orient and launch the discussion – though reading is not required to join. The group will open and close each week by practicing some of the ancient techniques that mystics have used to "know" God (mostly: silent and contemplative prayer!) Contact Joshua Daniel at jdaniel@columba.org.

Looking Ahead

High School Fall Pilgrimage to Delaware

On September 28-29, 9th-12th graders are invited to this year's fall pilgrimage in Delaware! They will be staying at Memorial House, an Episcopal retreat center. It will be a time for rest, laughter, fellowship and so much more. Scan the QR code to register.



Save the Dates for Adult Confirmation and Reception

Bp. Mariann Budde will join us on November 17! We will have Confirmations and Receptions to the Episcopal Church as part of her visit. Adults who are interested in confirmation or in being received should plan to attend Confirmation Classes on Sundays 10/13, 10/20, and 10/27 at 12:30pm. Anyone interested in learning more about the Episcopal Church is welcome to attend as well. Contact Adelyn (at Tyler-williams@columba.org) for more information.



**EPISCOPAL
NEWS SERVICE**

For the latest news and information from the Episcopal Church worldwide, be sure to visit the The Episcopal News Service

episcopalnewsservice.org